

Big Horn Martial Arts Academy LLC

New Student Information

Big Horn Martial Arts Academy is an affiliate school of Voorhees Taekwondo LLC, which started in February of 1994. We serve as a teaching and training center for children and adults in Lovell and Powell, and throughout the Big Horn Basin area. ***Our mission is to empower students and increase confidence through the study of traditional martial arts and sport Taekwondo.***

Taekwondo is a form of aerobic and anaerobic training, a competitive sport, and lastly, a practical system of self-defense. We teach students how to avoid conflict. Equally important is the moral education that we provide. Students are taught six tenets of Taekwondo: Courtesy, Integrity, Perseverance, Self-Control, Indomitable Spirit, and Humility. We believe that by providing a well-balanced education in both the physical and moral aspects of Taekwondo, we help students develop self-esteem and become leaders in our society.

Rules and Regulations

When entering the workout area (*do-jang*) show respect by:

1. Removing shoes before stepping onto the floor.
2. Bowing before entering and when leaving.
3. Bowing to the Instructors or Senior Students.

Do's for working out:

1. Review your last class and apply stretching exercises before class begins.
2. Dress properly either in loose-fitting clothing or preferably in a uniform (*do-bolk*).
3. Pay attention to the instructor and what you are being asked to do.
4. Show respect by being friendly and courteous to all students, regardless of rank.
5. Come to attention and bow when approaching or when approached by a senior student or Black Belt.
6. Address a senior member or Black Belt as "Sir" or "Ma'am" when speaking or when spoken to.

Don'ts for working out - the following items are prohibited

1. Gum/Food
2. Jewelry – Exceptions may be made for gages that are painful to remove and don't have sharp edges that could cut other students
3. Long finger/toe nails

Because the nature of this art involves contact with other students the items listed above are prohibited to ensure your safety and the safety of other students

For their own safety, unaccompanied children are not allowed to wander into other exercise classes or workout areas at Club Dauntless. Please instruct children to go directly to the taekwondo class when entering the facility, and wait in the same room for parents to pick them up. The front desk clerk can help students find the correct room if they are unsure.

Questions

If you have questions, please ask your Instructor. There is no such thing as a "dumb" question. Seeking is the path to knowledge and understanding. It is your job to ask questions. It is your Instructor's job to answer them or help you to find the answers.

Big Horn Martial Arts Academy New Member Registration and Release Form

Please **PRINT** all the information requested on the following lines.

Name of Student: _____
Street Address: _____
City: _____ State: _____ ZIP: _____
Home Phone # : (307) _____ - _____ Email: _____
Height: _____ Weight: _____ Age: _____ M/F: _____
Junior student (6-14 years old): _____ Senior student (over 15 + years old): _____
Any special health considerations that the Instructor(s) need to be aware of: _____

Emergency Contact Information

(if student is under 18 years, Parent/Guardian Information):

Name of Emergency Contact(s): _____
Street Address: _____
City: _____ State: _____ ZIP: _____
PHONE:
Home: (307) _____ - _____ Work: (307) _____ - _____ Cell: (307) _____ - _____
Email: _____

Please read and complete the information on the reverse side, as well. This form must be completed and returned to the Instructor before the student may participate in any more than the **first class**.

Big Horn Martial Arts Academy

New Member Registration and Release Form

Name of Student: (please print) _____

The owners/caretakers of any facility where we may conduct class, and all officers, governing bodies and employees of the same are in no way liable for anything which may occur in the course of these classes.

I realize that within the parameters of this sport and class that contact is implied by the very nature of the art, and that the risk of potential injury or death to myself is a risk that I assume totally.

I understand that the Instructor for this class will take every reasonable precaution for safety as outlined to him/her in the Instructors' training which he/she has been given.

With a clear understanding of the classes and what risks may be involved, I state that I am entering into this of my own free will, and that the **Lovell Recreation District, Club Dauntless, Big Horn Martial Arts Academy LLC, Voorhees Taekwondo LLC**, its directors, shareholders, officers, instructors, employees, and independent contractors employed by them, their students, and any associations that they are affiliated with are in no way liable or responsible for any injuries, physical or psychological, which may occur as a result of my travel to, active or observant participation in, or travel from these classes, or any function connected with this class or sport.

By affixing my signature, I hereby absolve all of the above-mentioned persons, entities and groups of any and all legal and civil liability for myself, my assigns and/or my heirs. I also give my permission for my photo, image or likeness to be captured and used in any manner, including electronically, by Big Horn Martial Arts Academy and/or Voorhees Taekwondo LLC without any recourse or recompense, within the normal course of their business and/or promotion of said business."

Signed: _____
Sign by student or parent/guardian, if student is under 18 years of age

Date: _____

If student is under 18 years of age, a parent or legal guardian must sign this liability form. Also, if student is under 18 years of age, a parent or legal guardian must sign the following consent statement:

"I hereby give my consent for my son/daughter to participate in Taekwondo at Big Horn Martial Arts Academy, and any schools officially affiliated with Voorhees Taekwondo LLC" (namely: Lovell Recreation District, Club Dauntless)

Student's name _____

Parent's Signature _____ Date: _____

How did you hear about our Taekwondo classes? Please check all that apply. If other, please describe.

Flyer from School Friend in the class Park & Rec Advertising Radio
 Internet Search Newspaper Ad Other: _____
